

Distance Learning Introductory Course

January 18 - February 26, 2021

WEEK 1

MONDAY, 1/18

- 8:00 - 9:00 Introductions & Story of Brian
- 9:30 - 11:30 Introduction to Neurofeedback
- 12:30 - 2:00 10-20 Electrode Placement

TUESDAY, 1/19

- 8:00 - 8:30 Cygnet Basics
- 8:30 - 9:45 Cygnet Hands-on
- 10:00 - 12:00 Cygnet Hookup
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 1/20

- 8:00 - 9:00 Assessment
- 9:15 - 9:45 QikTest Overview
- 10:00 - 12:00 QikTest 1 & Symptom Tracking
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

THURSDAY, 1/21

- 8:00 - 8:30 QikTest Overview
- 8:30 - 9:45 Functional Assessment
- 10:00 - 12:00 Individual Assessments
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

FRIDAY, 1/22

- 8:00 - 9:45 Starting Sites
- 10:00 - 12:00 Individual Assessments
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEEK 2

MONDAY, 1/25

- 8:00 - 8:45 Patterns of Dysregulation 1
- 9:00 - 9:45 Group Discussion
- 10:00 - 12:00 Sessions - Group A
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

TUESDAY, 1/26

- 8:00 - 8:45 Patterns of Dysregulation 2
- 9:00 - 9:45 Group Discussion
- 10:00 - 12:00 Sessions - Group B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 1/27

- 8:00 - 8:30 Certification & Membership
- 8:30 - 9:45 The Trauma Model

THURSDAY, 1/28

- 8:00 - 8:45 Patterns of Dysregulation 3
- 9:00 - 9:45 Group Discussion
- 10:00 - 12:00 Sessions - Group A
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

FRIDAY, 1/29

- 8:00 - 8:45 Patterns of Dysregulation 4, Q&A
- 9:00 - 9:45 Group Discussion
- 10:00 - 12:00 Sessions - Group B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

Distance Learning Introductory Course

January 18 - February 26, 2021

WEEK 3

TUESDAY, 2/2

- 8:00 - 9:00 Adding Basic Sites
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 2/3

- 8:00 - 9:30 Symptom Profiles 1
- 9:45 - 11:00 Siegfried research,
Development of the
Othmer Method

THURSDAY, 2/4

- 8:00 - 9:00 Symptom Profiles 2
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEEK 4

TUESDAY, 2/9

- 8:00 - 9:00 Symptom Profiles 3
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 2/10

- 8:00 - 9:00 Case Discussions,
Assessment Summaries
- 9:15- 10:45 Neurophysiological Basis
of ILF Neurofeedback

THURSDAY, 2/11

- 8:00 - 9:00 Case Discussions,
Assessment Summaries
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

Distance Learning Introductory Course

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WEEK 5

TUESDAY, 2/16

- 8:00 - 9:00 Synchrony & Alpha-Theta
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 2/17

- 8:00 - 9:00 Case Discussions,
Assessment Summaries
- 9:15- 10:00 Marketing your practice

THURSDAY, 2/18

- 8:00 - 9:00 Case Study
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEEK 6

TUESDAY, 2/23

- 8:00 - 9:00 Case Study
- 9:10 - 9:50 Group Discussion
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 2/24

- 8:00 - 9:15 Interpreting QikTest Reports
- 9:30 - 10:30 QikTest 2
- 11:00 - 12:00 Bee Medic
(equipment pricing and questions)

THURSDAY, 2/25

- 8:00 - 9:30 Case Study
- 9:45 - 10:45 Group Discussion
- 11:00 - 12:00 Q&A, Final Remarks