

Distance Learning Introductory Course

August 16 - September 23

WEEK 1

MONDAY, 8/16

- 8:00 - 9:00 Introductions & Story of Brian
- 9:30 - 11:30 Introduction to Neurofeedback
- 12:30 - 2:00 10-20 Electrode Placement

TUESDAY, 8/17

- 8:00 - 8:30 Cygnet Basics
- 8:30 - 9:45 Cygnet Hands-on
- 10:00 - 11:30 Cygnet Hookup
- 12:30 - 2:00 (at chosen time slot)
- 3:00 - 4:30

WEDNESDAY, 8/18

- 8:00 - 9:15 Assessment
- 10:00 - 12:00 QikTest 1 & Symptom Tracking
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

THURSDAY, 8/19

- 8:00 - 8:30 QikTest Overview
- 8:30 - 9:45 Functional Assessment
- 10:00 - 12:00 Group Discussion
(Groups A+B w/ group instructor)

WEEK 2

TUESDAY, 8/24

- 8:00 - 9:30 Starting Sites
- 10:00 - 12:00 Sessions - Group A
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 8/25

- 8:00 - 8:30 Certification & Membership
- 8:30 - 9:45 The Trauma Model
- 10:00 - 12:00 Sessions - Group B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

THURSDAY, 8/26

- 8:00 - 8:50 Patterns of Dysregulation 1
- 9:00 - 9:50 Group Discussion
(Group A+B)
- 10:00 - 12:00 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

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WEEK 3

TUESDAY, 8/31

8:00 - 8:50 Patterns of Dysregulation 2

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEDNESDAY, 9/1

8:00 - 9:00 Patterns of Dysregulation 3

9:15 - 10:30 Siegfried Othmer -
Development of the
Othmer Method

THURSDAY, 9/2

8:00 - 8:50 Adding Basic Sites

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEEK 4

TUESDAY, 9/7

8:00 - 8:50 Symptom Profiles 1

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEDNESDAY, 9/8

8:00 - 9:00 Symptom Profiles 2

9:15- 10:15 Neurophysiological Basis
of ILF Neurofeedback

THURSDAY, 9/9

8:00 - 8:50 Symptom Profiles 3

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

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WEEK 5

TUESDAY, 9/14

8:00 - 8:50 Symptom Profiles 4

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEDNESDAY, 9/15

8:00 - 9:00 Synchrony & Alpha-Theta

9:15- 10:00 Marketing Your Practice

THURSDAY, 9/16

8:00 - 8:50 Case Discussions,
Assessment Summaries

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEEK 6

TUESDAY, 9/21

8:00 - 8:50 Case Discussions,
Assessment Summaries

9:00 - 9:50 Group Discussion
(Group A+B)

10:00 - 12:00 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEDNESDAY, 9/22

8:00 - 9:00 Interpreting QikTest Reports

9:15- 10:15 QikTest 2

11:00 - 12:00 Bee Medic Lunch
(equipment pricing and questions)

THURSDAY, 9/23

8:00 - 8:50 Case Study

9:00 - 10:30 Final Group Discussion
(Group A+B)

10:45 - 11:45 Q&A, Final Remarks