

Distance Learning Introductory Course

October 18 - November 30, 2021

WEEK 1

MONDAY, 10/18

- 8:00 - 9:00 Introductions & Story of Brian
- 9:30 - 11:30 Introduction to Neurofeedback
- 12:30 - 2:00 10-20 Electrode Placement

TUESDAY, 10/19

- 8:00 - 8:30 Cygnet Basics
- 8:30 - 9:45 Cygnet Hands-on
- 10:00 - 11:30 Cygnet Hookup
- 12:30 - 2:00 (at chosen time slot)
- 3:00 - 4:30

WEDNESDAY, 10/20

- 8:00 - 9:15 Assessment
- 10:00 - 12:00 QikTest 1 & Symptom Tracking
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

THURSDAY, 10/21

- 8:00 - 8:30 QikTest Overview
- 8:30 - 9:45 Functional Assessment
- 10:00 - 12:00 Individual Assessments
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEEK 2

TUESDAY, 10/26

- 8:00 - 9:30 Starting Sites
- 10:00 - 12:00 Sessions - Group A
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 10/27

- 8:00 - 8:30 Certification & Membership
- 8:30 - 9:45 The Trauma Model
- 10:00 - 12:00 Sessions - Group B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

THURSDAY, 10/28

- 8:00 - 9:00 Patterns of Dysregulation 1
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

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WEEK 3

TUESDAY, 11/02

- 8:00 - 9:00 Patterns of Dysregulation 2
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 11/03

- 8:00 - 9:00 Patterns of Dysregulation 3
- 9:15 - 10:30 Siegfried Othmer -
Development of the
Othmer Method

THURSDAY, 11/04

- 8:00 - 9:00 Adding Basic Sites
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEEK 4

TUESDAY, 11/09

- 8:00 - 9:00 Symptom Profiles 1
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

WEDNESDAY, 11/10

- 8:00 - 9:00 Symptom Profiles 2
- 9:15 - 10:30 Neurophysiological Basis
of ILF Neurofeedback

THURSDAY, 11/11

- 8:00 - 9:00 Symptom Profiles 3
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
- 12:30 - 2:30 (at chosen time slot)
- 3:00 - 5:00

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WEEK 5

TUESDAY, 11/16

- 8:00 - 9:00 Symptom Profiles 4
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEDNESDAY, 11/17

- 8:00 - 9:00 Synchrony & Alpha-Theta
- 9:15 - 10:00 Marketing Your Practice

THURSDAY, 11/18

- 8:00 - 9:00 Case Discussions,
Assessment Summaries
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

FRIDAY, 11/19

- 8:00 - 9:00 Case Discussions,
Assessment Summaries
- 9:10 - 10:00 Group Discussion
(Group A+B)
- 10:05 - 12:05 Sessions - Group A+B
12:30 - 2:30 (at chosen time slot)
3:00 - 5:00

WEEK 6

MONDAY, 11/29

- 8:00 - 9:00 Interpreting QikTest Reports
- 9:15 - 10:15 QikTest 2
- 11:00 - 12:00 Bee Medic Lunch
(equipment pricing and questions)

TUESDAY, 11/30

- 8:00 - 9:00 Case Study
- 9:00 - 10:30 Final Group Discussion
(Group A+B)
- 10:45 - 11:45 Q&A, Final Remarks