

# Introductory Course - Blended Learning

September 27 - October 15, 2021

## WEEK 1 - ONLINE

### MONDAY, 9/27

- 8:00 - 8:30 Introductions
- 8:30 - 11:00 Introduction to Neurofeedback

### TUESDAY, 9/28

- 8:00 - 9:00 Intro to 10-20 System & Cygnet Basics
- 9:10 - 10:25 Assessment

### WEDNESDAY, 9/29

- 8:00 - 9:30 Starting Sites
- 9:40 - 10:55 The Trauma Model

### THURSDAY, 9/30

- 8:00 - 9:45 QikTest Overview & Functional Assessment
- 9:55 - 10:55 Patterns of Dysregulation 1

### FRIDAY, 10/1

- 8:00 - 9:30 Patterns of Dysregulation 2 & 3
- 9:40 - 10:55 Neurophysiological Basis of ILF Neurofeedback

## WEEK 2 - ONLINE

### MONDAY, 10/4

- 8:00 - 9:45 Patterns of Dysregulation 4 & 5
- 9:55 - 10:55 Adding Basic Sites

### TUESDAY, 10/5

- 8:00 - 9:00 Synchrony & Alpha-Theta
- 9:10 - 10:25 Development of the Othmer Method

### WEDNESDAY, 10/6

- 8:00 - 9:00 Symptom Profiles 1
- 9:10 - 10:25 Symptom Profiles 2
- 10:35 - 11:05 Certification & Membership

### THURSDAY, 10/7

- 8:00 - 9:00 Symptom Profiles 3
- 9:10 - 10:10 Symptom Profiles 4
- 10:20 - 11:20 Marketing

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## WEEK 3 - IN PERSON

### MONDAY, 10/11

8:30 - 9:45 QIK Test

10:00 - 10:30 Starting Sites recap

10:30 - 11:30 Group Discussions

11:30 - 12:45 Session #1

Lunch

2:00 - 3:00 Review QIK Report  
& Symptom Tracking

3:10 - 4:10 Group Discussions

4:10 - 5:00 Session #2

### TUESDAY, 10/12

8:30 - 9:30 Wig Heads

9:45 - 10:15 Assessment Summaries  
and Q&A

10:30 - 11:30 Group Discussions

11:30 - 12:45 Session #3

Lunch

2:00 - 3:00 Case Presentation

3:10 - 4:10 Group Discussions

4:10 - 5:00 Session #4

### WEDNESDAY, 10/13

8:30 - 9:45 Assessment Summaries  
and Q&A

9:45 - 10:15 Structure of Clinical  
Decision Making

10:30 - 11:30 Group Discussions

11:30 - 12:45 Session #5

Lunch

2:00 - 3:00 Clinical QIK Interpretation  
& Case Presentation

3:10 - 4:10 Group Discussions

4:10 - 5:00 Session #6

### THURSDAY, 10/14

8:30 - 9:30 Overview of the  
Neurofeedback Process

9:45 - 10:15 Assessment Summaries  
& Q&A

10:30 - 11:30 Group Discussions

11:30 - 12:45 Session #7

Lunch

2:00 - 3:00 Q&A with Siegfried

3:10 - 4:10 Group Discussions

4:10 - 5:00 Session #8

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## WEEK 3 - IN PERSON (CONTINUED)

### FRIDAY, 10/15

8:30 - 9:20 QIK Test #2

9:30 - 10:30 Group Discussions

10:45 - 11:15 Next Steps

11:15 - 12:30 Session #9