

5-Day Practicum Week

MONDAY

- 7:30-8:30** Registration & Breakfast
- 8:30-9:00** Welcome & Introductions
- 9:00-10:30** The Neurofeedback Assessment Overview
- 10:30-10:45** *Break*
- 10:45-12:30** The Interview & First Session: Starting Sites and Frequencies
- 12:30-1:30** *Lunch*
- 1:30-2:30** QIKTest, Symptom QIKTest, Symptom & Review of QIK Reports
- 2:30-3:00** Explaining Neurofeedback, Other Neurofeedback Modalities
- 3:00-3:15** *Break*
- 3:15-4:00** Discussion of Personal Training
- 4:00-5:00** ILF HD Session (in pairs) #1

TUESDAY

- 7:30-8:30** Breakfast
- 8:30-10:00** Protocol Optimization of Initial Sessions & Subsequent Sessions
- 10:00-10:15** *Break*
- 10:15-11:00** Discussion of Personal Training
- 11:00-12:15** ILF HD session (in pairs) #2
- 12:15-1:15** *Lunch*
- 1:15-2:15** Cygnet Session Basics Electrode Setup and Care, Understanding EEG Displays, Optimizing Feedback Game Displays and Tactile
- 2:15-3:00** Adding Other Sites
- 3:00-3:15** *Break*
- 3:15-4:00** Discussion of Personal Training
- 4:00-5:00** ILF HD Session (in pairs) #3

WEDNESDAY

- 7:30-8:30** Breakfast
- 8:30-9:15** Discussion of Personal Training
- 9:15-10:30** ILF HD Session (in pairs) #4
- 10:30-10:45** *Break*
- 10:45-12:15** What is Synchrony, 2 Channel Synchrony and A/T Training Differences, 2 Channel ILF
- 12:15-1:15** *Lunch*
- 1:15-2:45** 2 Channel Synchrony 10Hz and 40Hz, Indications and Placements. Combining 2 Channel and Synchrony
- 2:45-3:00** *Break*
- 3:00-3:45** Discussion of Personal Training
- 3:45-5:00** ILF Synchrony Session #1

THURSDAY

- 8:00-9:00** Breakfast
- 9:00-10:30** Introductions, Brief History of Peniston Protocol, What is Alpha-Theta?
Conscious vs Subconscious
- 10:30-10:45** *Break*
- 10:45-11:15** Technical Set-up 1 Channel Training, Cygnet Session Controls, Cygnet Reports,
Alpha/Theta Trend Lines
- 11:15-12:30** A/T Session #1, Group Discussion
- 12:30-1:30** *Lunch*
- 1:30-3:00** Tips for Successful A/T, Pre Training Suggestions, Post-session Integration,
Guided Imagery, Formulating Suggestions
- 3:00-3:15** *Break*
- 3:15-4:30** A/T Session #2, Group Discussion
- 4:30-5:00** Q&A

FRIDAY

- 8:00-9:00** Breakfast
- 9:00-10:30** When a Client is Not Ready, Useful Information, Impediments to Successful A/T,
ILF HD Training Pre/Post A/T
- 10:30-10:45** *Break*
- 10:45-11:15** When is a Client Ready? Useful Information, Impediments to Successful
A/T Reflections, 2 Channel Setup
- 11:15-12:30** A/T Session #3, Group Discussion
- 12:30-1:30** *Lunch*
- 1:30-3:00** When to Use Alpha/Theta, Benefits of Alpha/Theta, Common Experiences,
Alpha/Theta with Children, Case Studies, Helpful Tools
- 3:00-3:15** *Break*
- 3:15-4:30** A/T Session #4, Group Discussion
- 4:30-5:00** Q&A